

ARE YOU AGE 65 OR OLDER?

You may be eligible for a **sleep research study**.

Researchers at Mass General Brigham are studying how a study drug (sublingual dexmedetomidine) affects **sleep, body rhythms, and brain health** in older adults.

What participation involves:

- 34 days of at-home sleep monitoring
- 6 total days of in-hospital research stays
- Taking sublingual dexmedetomidine / placebo
- Questionnaires and simple cognitive tests.

Compensation:

- up to \$2,700 for full participation

Eligibility:

- age 65 and above
- generally healthy

Interested?

- **Phone:** (617) 643-9515
- **Email:** cgao6@mgh.harvard.edu



Mass General Brigham